



# Not Just Oatmeal

## Ingredients :

- 2 Cups Old Fashioned Oats
- 2 Tablespoons Chia Seeds
- 2 Tablespoons Wheat Bran
- 2 Teaspoons Cinnamon
- Pinch Salt
- 3 1/2 Cups Water
- 1/4 Cup Dried Cherries

## Directions :

- Minimum size electric Slow Cooker 1/1/2 quarts
- Place all ingredients in slow cooker, stir well
- Cook on low, stirring occasionally. until oatmeal is the consistency that you like
- Serve when hot, or cool down and refrigerate until ready to eat.
- Reheat in Microwave and top with your favorite toppings

